

# Allegra's Ambition Newsletter

## December 2022

We are very aware of the impact the current cost of living crisis is having on everyone especially vulnerable communities. We continue to be impressed with the way our partner charities are rising to the challenge and very proud of the work we do together. None of it is possible without your generosity and interest so as always **THANK YOU** to every one of you.

### OUR PROJECTS

**Ebony Horse Club** <https://www.ebonyhorseclub.org.uk/> Our 6<sup>th</sup> Hampshire Ebony Day took place in blazing heat at the beginning of August. It was great to welcome so many young people from Brixton. This year not only did everyone have the opportunity to ride, but we also were able to offer bushcraft sessions provided by a team from Youth Options. It was good to see so many familiar faces and to make new friends. Thank you to everyone who made the day such a success, our two fantastic riding instructors, everyone who volunteered their time to bake, prep and help out, Anna Rainbow photography and especially those who trusted us with their ponies. It was a great community effort and very rewarding for everyone who participated. We are also continuing to fund weekly riding sessions at Ebony for two local schools.



**Magdalen Farm** <https://magdalenfarm.org.uk/> We were delighted to be able to offer to our partner charities the opportunity to take young people away for another short but action-packed residential break at Magdalen Farm: **Street Reach, Youth Options** and **Kids on Track** <https://kidsontrack.org.uk/> took groups. They spent time preparing the young people for the trip and reported back that they had had a fantastic time “exploring,

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building, creating and learning". They fed the farm animals, helped pick the food they had for supper, made rafts and dens, went on night walks and played lots of games.



**Jamies Farm** <https://jamiesfarm.org.uk/> We recently agreed to fund an apprenticeship scheme at Jamie's Farm in 2023. Jamie's Farm was established in 2005 and aims to transform lives through their unique residential programme built around their core elements of Farming, Family, Therapy and Legacy. Delivered via a five-day residential and rigorous follow-up programme, it is designed specifically to improve wellbeing, boost engagement, improve behaviour and develop essential life-skill such as communication and self-awareness. The week also provides valuable professional development for visiting teachers who return to school with renewed relationships with their young people, and tips and skills to sustain the changes back in the classroom.

**Bourne Academy** <https://www.thebourneacademy.com/> The Bourne Academy Outdoor Education Centre including copse ,lake and assault course has now been completed with a gazebo and trim trail. The feedback has been very positive. Outdoor learning and bushcraft is being taught to the students as well as the wider community. Over the summer year 5 and 6 students from 21 local primary schools enjoyed sessions, using the equipment and learning about fire building culminating with everyone coming together around a communal fire.

**Youth Options** <https://www.youthoptions.co.uk/> Allegra's classroom is getting lots of use. We have also funded a new youth groups in Southampton, Wellbeing Wednesday.

**Street Reach** <https://www.winchesterstreetreach.org/> We are continuing to support the Friday Football project. It runs all year round and is a drop-in session. It is staffed by trained youth workers which means young people are able to get advice and support in a relaxed and informal setting as well as enjoy a kick about.

## FUNDRAISING

We owe a huge thank you to Hopetoun House (Wellington School) for all the support they have given Allegra's Ambition over the last few years. They have enthusiastically donated to sponsored activities, supported auctions and bought merchandise. They were a major contributor to the Allegra Classroom.at the Youth Options Outdoor Learning Centre. It was therefore particularly special to welcome a group of Hopetoun girls to the Centre on a baking hot day in June to help build a reed filtration system and pond. Undeterred by the heat they rose to the challenge brilliantly. Thank you to everyone who came along and to all who have volunteered with us to transform the space into a tranquil oasis in the middle of Eastleigh.

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We are very grateful to the Hampshire Fair for their continuing support. It was wonderful to see so many people at their Autumn fair which took place at The Grange, Northington. Thank you to everyone who attended.

Thanks also go to Durham University Women's Lacrosse team who raised money for us with a charity match against the Edinburgh Women's Team. We hope they all had fun.

Sherborne tennis club supported us again this year raising money with a charity match event. Thank you so much to Catherine and George for organising.



We have been amazed and touched by the wonderful people who have undertaken personal challenges to support us and remember Allegra. A huge shout out to:

the incredible Josie who recently qualified for the gruelling Ironman World Championships next year, making it look easy in Barcelona.

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to Sarah and her friends who excelled in the Toughmuddersouthwest and raised a brilliant £2,000.

to Bea who again donated her beautiful hair to @littleprincesstrustcharity a charity who make wigs for children with cancer and also raised money for us. (This is the second time she has done this originally inspired by Allegra).

to Ella and Charlie who sold drinks in The Shed at HH Junior Camp to raise money for us.

You are all stars.

**FINALLY** if you are looking for Christmas presents please do check out our Allegra's Ambition shop. <https://www.allegrasambition.org.uk/shop>. We have hoodies and joggers in black and grey, (brilliantly modelled by Wellington students), pink and black beanies and a great new navy baseball cap which looks good on everyone and is a perfect stocking filler.



A reminder that you can raise money for us every time you shop with Amazon. Enter the Amazon via the smile link (<https://smile.amazon.co.uk/>) and search for Allegra's Ambition on the charity options. Amazon will donate 0.5% of the net purchase price of the goods you buy to Allegra's Ambition.

**Thank you as always for all your fantastic support. We are so grateful to every one of you. If you have any fundraising ideas or want to know more about what we do please get in touch.**

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